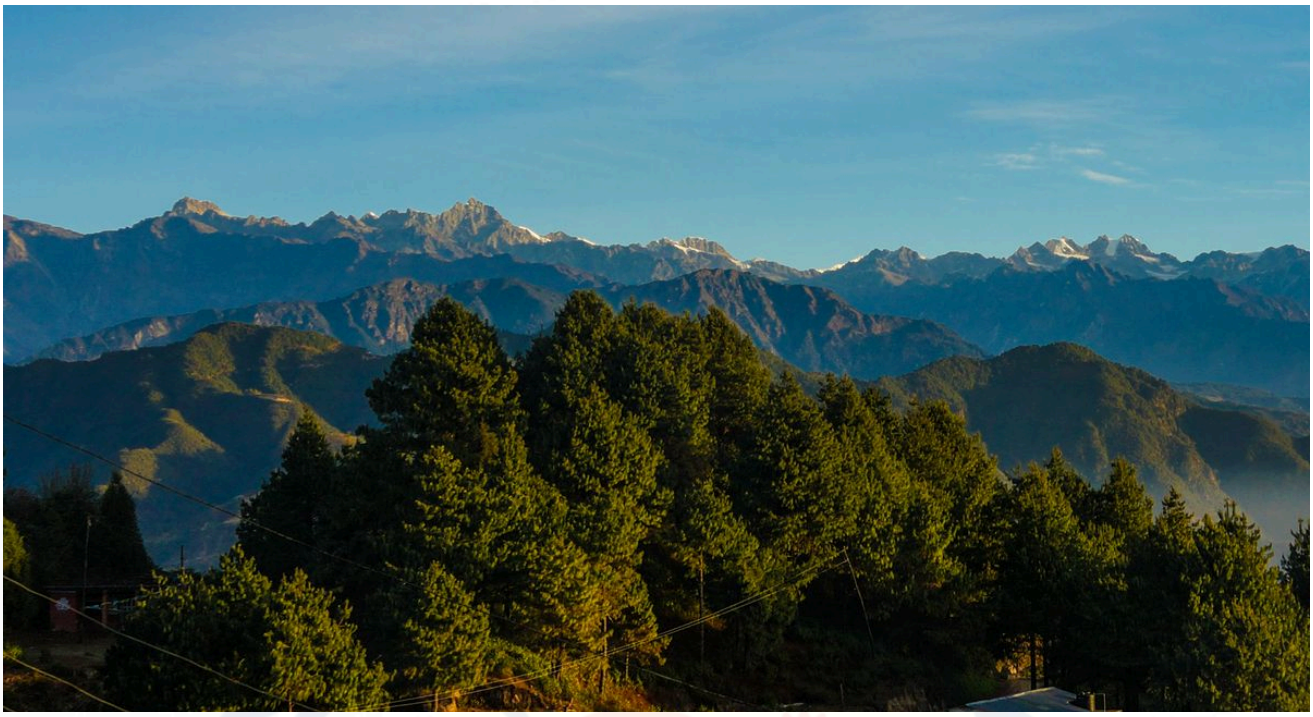
Chisapani – Nagarkot Hike: 2 Nights / 3 Days

Sundarijal – Chisapani – Nagarkot – Changu Narayan



Highlights

- Walk through Shivapuri Nagarjun National Park, with rhododendron and oak forest
- Sunrise and sunset views of the Langtang, Ganesh Himal and Jugal Himal ranges (even Everest in clear weather)
- Hill villages of the Tamang, Sherpa and Newar communities
- Ridge walk from Chisapani to Nagarkot
- Changu Narayan Temple, a UNESCO World Heritage Site and the oldest Vishnu temple in the Kathmandu Valley

Day-by-Day Itinerary

Day 1: Kathmandu – Sundarijal – Chisapani



- Drive: about 45 minutes to 1 hour | Hike: about 4 to 5 hours | Altitude: 2,165 m
- After breakfast, drive by private car to Sundarijal (about 15 km). After the park entry check, begin the hike along stone steps beside the waterfall, then climb through forest and villages such as Mulkharka. Reach Chisapani in the afternoon and enjoy the sunset over the Himalayas.
- Overnight: Lodge in Chisapani

Day 2: Chisapani – Nagarkot



- Hike: about 6 to 7 hours | Altitude: about 2,175 m
- Wake early for the sunrise over the mountains. After breakfast, follow the ridge trail through forest, small villages and farmland via Chauki Bhanjyang to Nagarkot. The trail is mostly gentle with some ups and downs. Arrive in the late afternoon and relax at your hotel.
- Overnight: Hotel in Nagarkot

Day 3: Nagarkot – Changu Narayan – Kathmandu



- Hike: about 3 to 4 hours downhill | Drive: about 1 hour
- Watch the sunrise from Nagarkot, have breakfast and hike downhill through villages and fields to Changu Narayan. Visit the ancient temple with its fine stone and wood carvings. Then drive back to Kathmandu, arriving by the afternoon.

- **Customizable tour: We can adjust the itinerary, hotel category, meals and number of days according to your needs. Tell us your preferences and we will send you a revised plan and price.**

Thamel-26, Bhagwan Bahal, Kathmandu, Nepal
info@idealnepaltours.com
Tel.: 977 1 4530222 / 9841299765
www.idealnepaltours.com